



HELP TEENS STOP USING TOBACCO!

Learn to use two research-based programs: TEG and TAP

- Intervening With Tobacco Users (TEG) is for teens who have been caught using tobacco who most likely do not want to stop using tobacco. Through this 8-session program, teenage tobacco users learn the negative consequences of tobacco use and are motivated to want to quit. Schools use this program as an alternative to suspension and juvenile courts for diversion.
- Helping Teens Stop Using Tobacco (TAP) is an 8-session, voluntary cessation program for teen tobacco users who want to learn how to quit using tobacco.

Major Points of TEG and TAP

- Research based: Prochaska and DiClemente's stages of change.
- Evaluated. April 2001, Prevention Researchers and October 1999, Journal of School Health showed 12% of TEG and 16% of TAP participants quit using tobacco. TEG participants reduced their daily use of tobacco by 18% and TAP by 24%.
- Meet seven "Guidelines for School Health Programs to Prevent Tobacco Use and Addiction" established by the Centers for Disease Control (CDC).
- Comprehensive, easy-to-use, scripted sessions.
- Address cigarette, cigar and spit tobacco use.
- Culturally sensitive and appropriate for diverse populations.

Who should attend a TEG/TAP Facilitator Training?

People who come to a TEG/TAP training are generally concerned about the health of young people, specifically those who use tobacco. Tobacco prevention advocates, school nurses, social workers, coaches, teachers, police liaisons, juvenile justice workers, health department workers, substance abuse preventionists and anyone who might be interested in teaching youth about tobacco use or who may want to learn more about the program to be better able to refer youth to TEG/TAP.

When and where is the next local training?

Wed. August 20th & Thurs. August 21st from 8 AM – 4 PM in Lander, WY at the Best Western Inn, 260 Grandview Drive.

What is the cost?

A reduced group rate of \$300.00 per person. (Regularly \$395) Tuition includes your own copy of the TEG and TAP curriculum, continental breakfast each day and morning and afternoon snacks. Lunch and dinner will be on your own. The expense of your hotel room (\$70.00 per night) and transportation will also be your responsibility.

Is financial help available for attending this training?

Yes! WyPTAC is offering ten \$100 scholarships to assist with the registration fee. The scholarships are available to any prevention program manager and/or coalition members. First-come, first-served. Please email Deanna right away at deanna@rtconnect.net with your request for one of the scholarships to attend this training. Please fill out the registration form below and mail promptly with a \$200.00 check.

How do I get registered to attend?

Fill out the registration form below and mail with a check made out to: CRC and mail to Community Resource Center of Johnson County, Attn: Chris Kent, P.O. Box 363, Buffalo, WY 82834. You will receive confirmation of your seat at this training following receipt of your payment.

To receive the \$70.00 non-smoking room rate, reservations for hotel accommodations must be made by April 19th by calling 866-452-6337. This block of rooms is held under TEG/TAP Training for the nights of Tues. May. 19th, Wed. May 20th & Thurs. May 21st.

Questions? Contact Deanna Ferguson, WyPTAC 307-746-9340 or 307-629-0575 or check out the website: communityintervention.org

TEG/TAP Registration Form**May 20-21st – Lander, WY**

Please print or type

Name: _____

Title: _____

Organization: _____

Address: _____

City: _____

State: _____ **Zip:** _____

Phone(s): _____

Fax: _____

Email: _____

Make checks payable to: CRC (Community Resource Center of Johnson County)

Mail to CRC, Attn: Chris Kent, P.O. Box 363, Buffalo, WY 82834

- ☐ I have been approved for a \$100.00 scholarship! My check for \$200.00 is enclosed.
- ☐ I am paying the regular rate of \$300.00.

